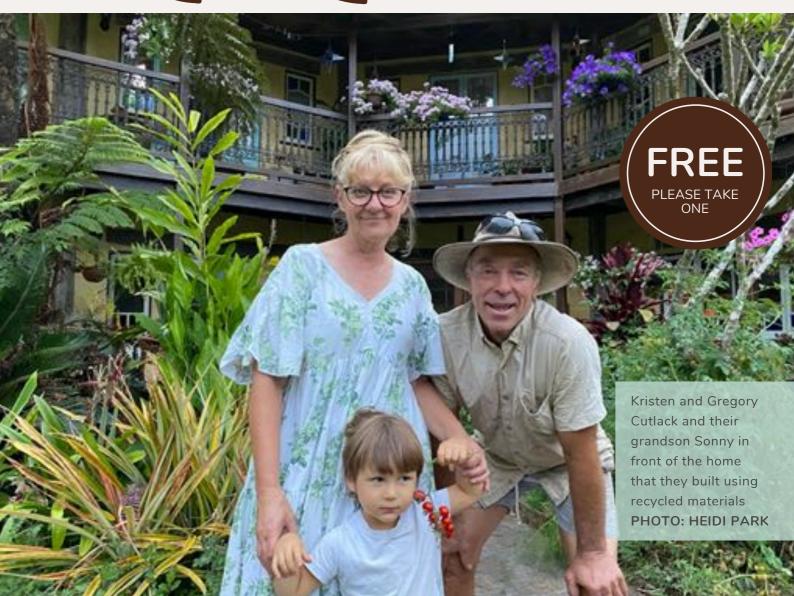
SUMMER 22 / 23



FUD COMMUNITY NEWS



Hello Eudlo

Welcome to the inaugural edition of a new-look Eudlo Community News. We're flying by the seat of our pants in full confidence that you will map the road ahead. It's Your Newsletter, tell us what's important to you. Letters to the Editor can be sent to eudlocnews@gmail.com Please note updated address

Mary Ann Uechtritz (Ed)
and the Editorial Committee

Kristen and Gregory Cutlack "It Takes a Village"

STORY BY HELEN POWER

Before moving to Eudlo, Kristen and Gregory Cutlack lived in Emmaville, a small rural township near Glen Innes, NSW, where they farmed sheep and cattle. With a young family, their passion was to live sustainably; they grew their own vegetables, raised chickens, improved the riparian zones, and fenced off stock from waterways to improve the quality of their water source. **CONTINUED P3**

This is a volunteer publication, published by Eudlo Hall and Grounds Association Inc Get a copy at Eudlo Post Office, Eudlo General Store, Eudlo Hall and Sweethearts Cafe

Welcome to Our Summer Issue

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Acknowledgment

We acknowledge and pay respects to the Gubbi Gubbi people who are the Traditional Owners of the land upon which we live, work, play and create.

We also acknowledge that First Nations Peoples are holders of indigenous knowledge, stories and culture in Australia. Sovereignty has never been ceded.

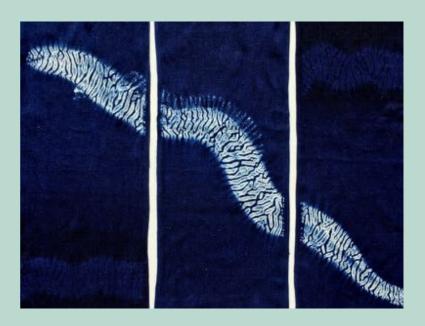
Eudlo: Gubbi Gubbi Country

The name Eudlo originates from the local Aboriginal word for freshwater eel (Anguilla reinhardtii). When you see a silky oak tree flowering it's telling you the meat on the eel is at its healthiest.

Brent Miller

Art: Eel Dreaming

STORY AND ARTWORK BY JENAI HOOKE



Eudlo is a small Sunshine Coast hinterland town with a history of timber milling. Eudlo Hall was built in the 50's with community labour and timber donated from the Olsen Mill - a time when dances were very popular and attracted large numbers to the hall from surrounding communities.

In my capacity as a member of the Management Committee of Eudlo Hall in 2016, I saved from the tip a roll of beautiful soft towel that would have once been in the public toilets of the hall. It had been stored in the stage store room for all those years and to me, it contained the essence of Eudlo's history. I just imagined all those women dolled up to the nines, in the bathroom freshening up their lipstick and giggling about the boy they longed to dance with as they wiped their hands on the pull-down towel.

The towel came home with me, and when I was commissioned to do an artwork for the Hall, it became the perfect fabric for which this Indigo and Shibori Eel was to be created on.

Listen and you may hear the eel as it glides through the muddy waters, or the giggling of young girls at a local dance. CONTINUED FROM P1. Their off-grid property was solar-powered, so it was especially disheartening when their idyllic lifestyle was threatened by the proposed Queensland-New South Wales Interconnector upgrade.

Development plans showed new transmission lines and pylons would pass right through the heart of their property. Despite community resistance, the upgrade went ahead, and Kristen and Gregory knew it was time to move on.

Attracted by the warmer Queensland climate and with family in Woombye, they found the ideal property off Highlands Road in Eudlo. At that time, the property was just a bare paddock, but it had rich soil, a dam, and electricity was already connected so Kristen and Gregory knew it had potential. In keeping with their sustainability ideals, they built a new house out of recycled timber, iron, and second-hand windows, much of it sourced from the Moffat Beach picture theatre, demolished in 2004. Today, they have extensive vegetable gardens, fruit trees, solar power, and over a dozen chickens. Their children and grandchildren live close by.

Although Kristen and Gregory derive great satisfaction from having created the type of sustainable-living lifestyle they dreamed of, there remains one area of their property that they have been unable to transform. Long



Plastic ripening bags litter the stream

PHOTO: HELEN POWER

before they bought the land, it was a commercial banana plantation. As is common practice, the bananas were covered with blue plastic bags to improve the quality of the fruit, increase the yield, and reduce the ripening time. These days, banana growers either recycle or dispose of these plastic bags responsibly. However, back then, the bags on Kristen and Gregory's property, like on many plantations, were simply discarded in the stream on the property boundary. This stream is a tributary of Eudlo Creek, part of the greater Maroochy River, and eventually discharges near the popular beaches of Cottontree,

Over the past 20 years, Kristen and Gregory have attempted to remove some of the plastic, but there are still layers of plastic both in the stream and on the stream banks. Clearing it completely is an enormous task even beyond the capabilities of this industrious family. The Cutlacks are consulting Lars Hansen, a high-school friend of their son Raphael, who is an Environmental Scientist working in Catchment Management. Together, they have drawn up a plan to remove the contamination and refuse and to reshape and contour the stream to encourage the natural pools and riffles of a headwater stream. The reinstated banks will be planted out to stabilise the riparian zone.

As the first step in this process, they are organising a community clean-up working bee in April of next year when it's a bit cooler. They're hoping Eudlo locals will pitch in with them to get the job done. What an amazing initiative! Essentials for anyone taking part will be long pants, a pair of gloves, and a hat. The family will provide snacks and refreshments on the day.

For further details relating to this community event and to register your interest, please email Kristen on Kristen.dickybird@gmail.com

Eudlo Hall & Grounds Association Inc: A Message from the new President

A LETTER FROM NICOLA BAKER

The AGM in October produced some shuffling of roles and the somewhat unexpected outcome of myself being elected President. I look forward to taking on the many challenges involved, in full appreciation of the good work that has preceded me and knowing I have the support of a solid team.

We bid a regretful farewell to Stephanie Tonkin, who has been a pioneering fixture within the Management Committee for eight years. Without her tireless commitment, many of the Eudlo Hall & Grounds activities and events would not have enjoyed the success they were able to deliver. On behalf of the Committee, I thank her and wish her well in her future endeavours.

We concurrently welcomed three new members to join forces with long-time members Margaret Bradburn and Peter Driscoll, forming a management committee of eight. Welcome to Natalie Thorogood, Tarla Jocumsen and Suzanne Marlow.

In September, now Secretary David Hooke and I attended the Heritage Bank Sponsorship Awards evening to accept a grant for much needed battery-powered tools for Wominjeka Park. Prior to that, EHGA successfully negotiated a major grant from the Sunshine Coast Council to install solar panels on the Hall roof, and we also received funding from the Queensland Government Gambling Benefit Fund to upgrade to 3-phase power and install professional stage lighting in the Hall. Thank you to Treasurer Peter Driscoll and Secretary David Hooke for overseeing the installation.

Although sadly the pandemic brought with it the demise of the wonderful Eudlo Music Nights Festival, Wominjeka Park remains a popular choice of venue for weddings and other private and community events, as well as being the gathering point for Community Meals, now in the capable hands of Vice President Stephen Post.

In this last quarter, the Hall has enjoyed a steady line-up of quality musical events from near and far that continue to draw good crowds. Local Sunshine Coast artist Andrea Kirwin's Tracy Chapman Tribute Show was a sell-out and we are now gearing up for the always entertaining Festival of Small Halls on December 18, our final concert for the year. Thank you to Red Chair for facilitating the flow of exciting talent into our small town. We look forward to more of the same in 2023.

Last but not least, I would like to extend a warm thank you to the community volunteers who assist at the door, in the bar and in the kitchen cafe. Their selfless good spirit and exceptional baking skills allow the Hall an opportunity to raise further much needed funds.

Merry Christmas Eudlo We will see you in 2023

Nicola Baker

President, Eudlo Hall and Grounds Assoc eudlohall.org.au

Community
Meal

ALL WELCOME, BAR AVAILABLE,
BRING A PLATE TO SHARE

6pm December 9 Wominjeka Park

Historical: Stories of Eudlo

What was notorious NSW Armed Hold-up Squad detective Roger Roberson's calling card doing in Eudlo General Store? Did you know that a Eudlo family is linked to the famous Hill 61 explosion in World War One?

Corlis Ave was named after a Canadian doctor but previously named Brumpton Lane and didn't go through to Palmwoods.

Mr Brumpton kept a diary of his sailing ship journey from England to Australia and his life in early Brisbane before he came to Eudlo.

Our local historian, Keith Boyle, has been chasing down fabulous and tantalising facts about people, places and events related to Eudlo, via all possible sources for the past few years. He's on a mission to get them all into a book before they're lost in the mists of time.

The history of Eudlo, "Eudlanders, Stories of Eudlo's Past." will be published in 2023 with the support of Sunshine Coast Council. Watch this space for developments.

Puzzles

REBUS

A rebus is a puzzle that combines the use of illustrated pictures with individual letters to depict words or phrases.





MATHS QUIZ

If it takes 30 minutes to fill a sandpit measuring 2 metres long, 2 metres wide, and 2 metres deep, how long would it take to fill a sandpit measuring 4 metres long, 4 metres wide, and 4 metres deep, if filled at the same rate?

LAST ISSUE PUZZLE ANSWERS: REBUS 1 Answer: Travel overseas REBUS 2 Answer: Three blind mice (no eyes) MATHS QUIZ Answer: 21 kg Explanation: If a brick weighs 7 kg and half a brick, then each half of the brick must weigh 7 kg and the whole brick weighs 14 kg. So if you have a brick and a half, it weighs 21 kg.



Hi, I'm Troy

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Newcomers to Eudlo Loitering with Intent

STORY BY NATALIE THOROGOOD

At what point after living in a place can you call yourself a local? Some may say it's as soon as you arrive, others might argue the meaning of local runs deeper than that. It's embedding yourself into the community - the school P&C, a committee for a local group, making friends through hanging out at a café, being seen and heard amongst your fellow locals, and caring about local issues.

To me, being a local somewhere means all of the above. Even though I was born in Nambour and have lived on the Coast most of my life, never have I lived in such a welcoming community as Eudlo. When my partner and I bought a house here 18 months ago, we didn't know much about the small hinterland suburb. As a result of the Sunshine Coast housing crisis, we realised that we needed to get into the market as soon as possible. With house prices only increasing, and with a limited budget, we jumped on a two-bedroom 1960's cottage in Eudlo - not deterred by its closeness to the train line.

"Eudlo is a great place to loiter in"



Natalie and her young family
SUPPLIED NATALIE THOROGOOD

There are more than likely many different reasons new locals are moving to Eudlo, but for us it was out of necessity - the perfect house for us at the perfect price. The beautiful community that accompanies it has been the most beautiful surprise, and we now can't imagine raising our family anywhere else.

As a social worker, I know the positive impact that community connection has on mental health and overall wellbeing. Wherever I have lived around Australia or overseas. I have always prioritised finding community in every new town or city. It is not only one of my dearest personal values, but also part of my practice framework. In community development, there is a theory known as 'loitering with intent'. This is where a practitioner will spend time in key community hubs and centres to find out what the most important issues are in the community and speak to the right people. I like to reframe this, and apply it to my own needs, as this strategy has proven time and time again to benefit my connections in a community and ultimately my sense of place and purpose where I live.

Perhaps it is the stage of life I'm in - having a young daughter does mean I spend more time in the playground and skate park - but I personally think that Eudlo is a great place to loiter in. I have made many new friends and connections simply by sitting in the community garden, or at the café or mobile library. Perhaps this is why many other young families are moving here? They can see the value that a small tight-knit community can offer them and their children. So please, 'loiter with intent' in Eudlo. Meet your neighbours, join a group or class, and find your community in this idyllic place we call home.

As it turns out, living next to the train line has been the best source of entertainment for our now train-obsessed toddler!

If you know of a local who may be interested in sharing their story, please contact eudlocnews@gmail.com

Eudlo Rural Fire Brigade:Now Recruiting

UPDATE BY ANNE-MARIE DONALDSON

Our local heroes at the RFS recruited 5 new members at their Open Day and they are looking for more volunteers to join the brigade!

Thanks to everyone who came down to the Open Day on November 5. We are excited to see so many new people in our beautiful community. Welcome to our five new volunteers. Don't worry if you missed the Open Day, you don't have to wait for the next one to sign up as

a volunteer - we recruit all year round so just call us on 0409 990 621 to find out how to join the crew.

I know the community will join us in thanking each and every one of our volunteers. Not only are they on the frontline, battling bushfires and braving trying conditions when we most need them, but they also do a lot of work behind the scenes ensuring we stay prepared and informed.



Show them just how much you appreciate the hard work they put in by making sure you have prepared your household and property for bushfire season, which is now just around the corner. Working together keeps all of us safe.

We have included the updated fire ratings info here. For more info go to qfes.qld.gov.au



NO RATING: On days when there's minimal risk, the white bar meaning 'No Rating' will be used. Report any fires to 000.

> Your life may depend on the decisions you make.

> Stay safe by going to a safer location early in the

> Homes cannot withstand fires in these conditions.

You may not be able to leave and help may not

even before there is a fire

be available

morning or the night before.

> Check your bush fire plan and that your property

and your property are not prepared to the highest level, go to a safer location well before

> Reconsider travel through bush fire risk areas.

> If a fire starts, take immediate action. If you

is fire ready

the fire impacts

Understanding The Fire Ratings

Fire Danger Ratings describe the consequences of a fire if one was to start. They do not indicate the chance of a fire occurring, although this is a common misconception.

Fire Danger Ratings are declared for a Fire Area. These are based on local government areas.

Ratings are calculated using a combination of weather forecasting and information about vegetation that could fuel a fire.

Total Fire Bans will typically apply at Extreme and above.

When the fire danger reaches High, permits may be suspended. Check any conditions on your fire permit.

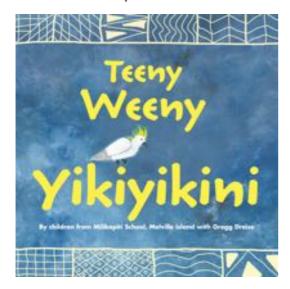
You can use the Fire Danger Ratings as a trigger for action in your bush fire survival plan.

Books: The Indigenous Literacy Foundation

SUPPORTED BY AUSTRALIA POST

Are you looking for a meaningful gift this festive season? By purchasing an Indigenous Literacy Foundation published book, young readers are introduced to First Nations storytelling and culture. Your purchase also supports communities to write and illustrate their own stories in the language of their choice, enabling children to learn to read in their first language.

Our Editor's Top Picks



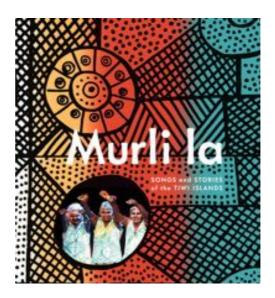
Teeny Weeny Yikiyikini \$19.99

Teeny Weeny Yikiyikini has lost his family. He searches everywhere and asks every bird he meets if they've seen them, but they're no help. Occasionally he hears a familiar squawk, but the birds that make that sound don't look like him. And then a rainstorm comes...

The Indigenous Literacy Foundation (ILF) is a national charity working with Aboriginal and Torres Strait Islander remote Communities across Australia. They are Community-led, responding to requests from remote Communities for culturally relevant books, including early learning board books, resources, and programs to support Communities to create and publish their stories in languages of their choice

How to support the ILF

- 1. Buy a book for a loved one
- 2. Make a donation at indigenousliteracyfoundation.org.au
- 3. Organise a book swap to raise funds



Murli la - Songs and Stories of the Tiwi Islands - \$45.00

The Ngarukuruwala Women's Group in partnership with Dr Genevieve Campbell have recorded over 40 songs in language for the first time – each with an intro and English translation.

Family: Want your kids to join the 'Pen Pal Club'?



Australia Post is helping primary school students across the country get excited about reading and writing through their Pen Pal Club program.

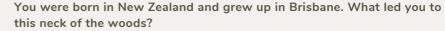
Parents & Teachers: The Pen Pal Club provides a number of resources, including lesson plans (years 1-6), letter-writing templates and expert tips from bestselling children's author Morris Gleitzman. Plus, there's a Pen Pal Club Picture Book!

The Pen Pal Club is open year-round to Australian schools and early learning centres only, and is free to join. You can register at auspost.com.au





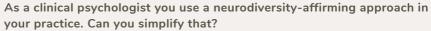
Wornout 2022 Reverse Garbage creations on stage **Photo: Post Studio Australia**



I have always been a bit of a Gypsy. After graduating from psychology, I moved to Mt Isa where I met my husband. We both worked in rural and remote Indigenous communities in north-west Queensland. We later moved to Cairns and then to the Pilbara in Western Australia, followed by Perth. When our first son was born, we made the decision to head back to Queensland to be closer to family. It was at this time I had my first retreat at Chenrezig and discovered Eudlo. I instantly fell in love with Eudlo's old-school charm, and small country feel. I knew straight away that this was where I wanted my son to grow up. We moved here 8 years ago - living in Eudlo has been the first time I've felt a sense of connection and belonging to the place where I live.

Your extensive background includes seven years of working in the disability sector. What did you learn from this experience?





Neurodiversity basically refers to differences in brain functioning across humans. Neurodivergence (ND) generally refers to people with neurological differences such as Autism, ADHD, Dyslexia, Dyspraxia, and Dyscalculia. As a psychologist, I practise from a neurodiversity-affirming model. This means that rather than pathologizing neurodivergence, I actively seek to affirm the personal identity of neurodivergent people. It means that my approach to therapy is trauma informed, and that I value and advocate for social justice for the neurodivergent community.

You have said that one of your favourite topics is self-directed neuroplasticity. Can you elaborate?

Self-directed neuroplasticity refers to how we can, incrementally over time, begin to change the neural structure of our brain. Unlike DNA, the neural pathways of our brain are not set in stone, they are malleable. Self-directed neuroplasticity refers to engaging in specific patterns of thinking and behaving, in order to influence the neural structure of our brain. By practising patterns of thinking and behaviour that are associated with greater levels of resilience, we can incrementally enhance our capacity to cope with stress and improve social and emotional wellbeing by changing brain structure.





Facilitating group stitching workshops as part of the Sunshine Coat Project Photos by Kirsty Williamson

You work behind the name 'lens of resiliency'. Where did that idea emerge from?

I have a strong interest in the therapeutic value of engaging in creative processes such as mindful mending, stitching, craftivism and photography. I love taking photos, and often use photography as a metaphor, to describe how the way we see the world is influenced by the lens we are using. Given my love of photography and the fact that I teach people psychological strategies to enhance their psychological resilience, 'Lens of Resiliency' seemed the most appropriate name for my business.

You have been pursuing innovative ways to combine psychology and the creative process to promote social and emotional well-being within a community setting. Can you talk a little about this?

I have a strong interest in capacity building and community development and enjoy opportunities for providing creative ways to engage people in understanding and applying the science of psychology to their everyday lives. Creative engagement can be a tool for learning how to regulate the nervous system and can also provide opportunities to advance a sense of belonging and connection. In the last year I have facilitated a number of stitching workshops on the Sunshine Coast, and in the New Year I hope to continue with delivering more workshops that focus on the intersection between psychology and creativity.

"Creative engagement can be a tool for learning how to regulate the nervous system and can also provide opportunities to advance a sense of belonging and connection."



She believes in: Radical Curiosity, Radical Imperfection, Radical Playfulness, Radical self-Kindness Artwork contribution from Kirsty Williamson

LENS OF RESILIENCY For more information, go to

Website: lensofresiliency.com Follow Kirsty and her camera on: instagram.com/lensofresiliency & instagram.com/asseeninnambour





Food:

Gingerbread Caramel Sauce

INGREDIENTS

1400ml can of coconut cream

150g coconut sugar

2 tsp cinnamon

1 tsp ginger

1 tsp nutmeg

1 tsp cloves

1 tsp cardamom

METHOD

Pour all ingredients into a saucepan on medium to high heat, and stir for 5-10 minutes or until thick caramel forms and coats the back of the spoon. Let cool and store in a jar for the festive season.

Amazing on cookies, ice cream, or stirred through warm milk for a Christmassy drink.

Events: What's On In The 'Hood?



SIONNACH RUA'S GREAT IRISH SONG BOOK



Sat 03 Dec. | 7PM Tickets \$40/\$35

Sionnach Rua is Gaelic, translating in English to Red Fox. Their Great Irish Song Book tour brings Ireland's rich and unique culture to Eudlo with a romantic passion that runs deep in Celtic veins. It is an authentic music and story catalogue from Irish born and raised frontman, Gallie, who has travelled the world for over 15 years playing every type of show imaginable, from busking on the streets of Paris to a 1000 seat sold out show with a 46-piece orchestra in Caxias Du Sol in Southern Brazil.

Interwoven with rich stories from Gallie's Irish upbringing, with tales of Irish traditions and histories, the stage show will make you feel like you are transported back to a lively 'session' in an Irish bar without having to travel to Dingle. An assured crowd-pleaser with the inclusion of songs ranging from Planxty to Van Morrison to the Dubliners.

Joining Gallie are acclaimed Australian maestros and multi-instrumentalists Ruth Wise [fiddle] Paddy Montgomery [bouzouki, guitar, mandolin] and Sam Davies (uilleann pipes, tin whistle, low whistle)



FESTIVAL OF SMALL HALLS INN ECHO (CAN)



Sun 18 Dec. | 3:30PM
Adults \$25 / Children \$10
with an adult ticket.

Festival of Small Halls (FOSH) lands in Eudlo in December after having woven its way from Mt Mee to Ingham to Rainbow Beach and Springbrook. This will bring their Summer Tour to a close before the artists spring back into action at Woodford Folk Festival.

This year's international act is Inn Echo, all the way from Prince Edward Island in Canada. This three piece ensemble is both wildly dynamic and delightfully distinctive, weaving hundreds of years of traditional tunes with contemporary originals and arrangements that both soar and make you catch your breath simultaneously. Inn Echo have become the Celtic fusion band to watch, and we can't wait to round out the year at Eudlo Hall with a thoroughly invigorating Irish December.

Supported by Sam Buckingham (NSW) and Gabrielle Kerr, our local artist.

Doors open 3.30pm Show starts 4pm. BBQ, snacks and drinks as hall fundraiser



Please book online (members and casual hirers - All welcome) eudlotennis.org.au/

COMMUNITY ALERT!!

The Sunshine Coast Council have posted a sign announcing their intention to demolish the wooden corral located in Olsen Mill Park.

The Olsen family built the corral many years ago to keep the kids safe from the bullocks on Sports Day, when they used to bring the bullocks up for the kids to ride on.

Council communication details listed below





Our solar power system installation at the Hall has been proudly supported by Sunshine Coast Council's Grants Program



Eudlo Hall and Grounds Association Inc is proudly supported by Heritage Community Bank, Palmwoods (equipment and tools purchase)



Palmwoods

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Four Seasons Summer & Christmas Market



Saturday 3rd December 8am to 1pm

Mooloolah Public Hall 42 Bray Road Mooloolah Valley



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